

BREAKFAST

Your meal includes: Yogurt, fermenting red fruits, muffin plus a main dish of your choosing and coffee, tea or herbal tea

Vitality Breakfast

Blueberry, Banana, Apple, Buckwheat, Chia,
Sesame, Almond and Lemon

Poached egg with vegetable « hollandaise » sauce

1 or 2 Eggs – Spinach and Garden Greens on “Celestial” Bread

Egg over-easy, sunny side up, scrambled or poached

1 or 2 Eggs - Choice of Toast (Granola or Raisin/Cinnamon)

Buckwheat crepe with caramelized apples

Vanilla and coco cream, roasted almonds

Rabbit rillettes with pistachios and almond bread

Roasted Pepper and Herbs, Salsa

Avocado Toast and Salmon Gravlax

Granola toast, cashew cheese, avocado guacamole, cherry tomatoes and sweet peppers
(1 or 2 poached eggs – optional extra)

Bone Broth

Choice of lamb or beef broth (subject to availability)
Green vegetables brunoise

HOT & COLD DRINK

Espresso	4,00\$
Double Espresso	4,50\$
Cappuccino	5,50\$
Latte (Cup)	5,75\$
Latte (Bowl)	6,50\$
Bone Broth	11,00\$
Green Smoothie 5 oz	5,00\$
Green Smoothie 10 oz	8,00\$
Organic cold pressed orange juice	6,00\$
Apple juice	4,50\$
Mimosa	10,00\$