

Day 1	Day 2	Day 3	Day 4
	<p>7:30 am to 10:30 am Lunch and free time (there's always a workshop such as yoga, essentric, forest walk at 9am)</p>	<p>7:30 am to 10:30 am Lunch and free time (there's always a workshop such as yoga, essentric, forest walk at 9am)</p>	<p>7:30 am to 10:30 am Lunch and free time (there's always a workshop such as yoga, essentric, forest walk at 9am)</p>
	<p>10:30 am to 12 pm Group workshop</p>	<p>10:30 am to 12 pm Group workshop</p>	<p>10:30 am to 12 pm Group workshop</p>
	<p>12 pm to 1 pm Group lunch</p>	<p>12 pm to 1 pm Group lunch</p>	<p>12 pm to 1 pm Group lunch</p>
<p>2 pm to 4 pm Arrival and check-in of your participants</p>	<p>1 pm to 4 pm Free time to enjoy the facilities and take spa treatments</p>	<p>1 pm to 4 pm Free time to enjoy the facilities and take spa treatments</p>	<p>1 pm to 4 pm Free time and departure of participants</p>
<p>5 pm to 6 pm Group workshop (introduction)</p>	<p>4 pm to 6 pm Group workshop (introduction)</p>	<p>4 pm to 6 pm Group workshop (introduction)</p>	
<p>6 pm to 7:30 pm Group dining</p>	<p>6 pm to 7:30 pm Group dining</p>	<p>6 pm to 7:30 pm Group dining</p>	
<p>7:30 pm to 10pm Free time to attend the 8 p.m. conference or enjoy the facilities</p>	<p>7:30 pm to 10pm Free time to attend the 8 p.m. conference or enjoy the facilities</p>	<p>7:30 pm to 10pm Free time to attend the 8 p.m. conference or enjoy the facilities</p>	